



3. Why was Changing Woman challenged physically and mentally for her ceremony?  
(2pts)

4. What was the representation of the deer hide to tie her hair? (2pts)

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**Part 4: Reflection**

1. Why do you think it is important for the Navajo people to continue celebrating the Kinaaldá today? (2pts)

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2. What are some ways your family or culture celebrates growing up or becoming older? (2pts)

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**Part 5: Creative Connection**

Paint or sketch a symbol or scene from a Kinaaldá (such as running, corn cake, or Changing Woman herself). (10pts)

Write 1–2 sentences explaining what your drawing means to you: (3pts)

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